SY 2022/2023 October

Chicken Tenders	3	Beef/Cheese Nachos	4	Meatballs	5	Sam's Pizza	6		7
Waffle Fries		Nacho Cheese		Cheese Bread		Carrots			
Mixed Veggies		Corn		Green Beans		Apple Slices		No School	
Peaches		Pears		Fruit Cup		Fruit Juice			
				Cheese Stick					
(Lunchable)**		(Lunchable)**		(Lunchable)**		(Lunchable)**			
	10	Cheese Quesadilla	11	Chicken Patty	12	French Toast	13	Sam's Pizza	14
		Side Salad		On A Bun		Sausage Links		Cucumbers	
No School		Corn		Baked Chips		Hashbrown		Grapes	
		Pineapple		Carrots		Cup Fruit		Fruit Juice	
				Mandarin Oranges		Syrup			
		(Sunbutter)**		(Sunbutter)**		(Sunbutter)**		(Sunbutter)**	
Bosco Sticks	17	Walking Taco	18	BBQ Pulled Pork	19	Popcorn Chicken	20	Sam's Pizza	21
Marinara		Nacho Cheese Doritos		On A Bun		Mac and Cheese		Celery Sticks	
Green Beans		Side Salad		Baked Beans		Broccoli		Oranges	
Mixed Fruit		Corn		Pears		Mandarin Oranges		Fruit Juice	
		Peaches		Pickle					
(Lunchable)**		(Lunchable)**		(Lunchable)**		(Lunchable)**		(Lunchable)**	
Rib Sandwich	24	Chicken Quesadilla	25	Ham and Cheese	26	Orange Chicken	27	Sam's Pizza	28
Baked Chips		Side Salad		Croissant		Rice		Carrots	
Cauliflower		Corn		Broccoli		Carrots		Apple Slices	
Pears		Peaches		Grapes		Pineapples		Fruit Juice	
Pickle						Fortune Cookie			
(Sunbutter)**		(Sunbutter)**		(Sunbutter)**		(Sunbutter)**		(Sunbutter)**	
Chicken Nuggets	31								
Tots									
Peas									
Cheese Stick									
(Lunchable)**									

Milk, Alternative fruit and vegetable offered every meal

Menu Subject to Change

^{**}Sack Lunches offered everyday. Entrée Changes weekly